# Comparing drinking in different alcohol cultures

Data from the International Alcohol Control study in Mongolia, Thailand and New Zealand

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### www.iacstudy.org



### Rationale for IAC study

- Need for increased evidence on effectiveness of alcohol policies
  - Implementation of multiple policies
  - Implementation of policies in low and middle income countries
  - Mediating behaviour changes
  - Differential effects in different groups





### Opportunity

- Presented by alcohol control policy environment
  - Global Strategy to Reduce Harmful Use of Alcohol, 2010
  - National level interest in alcohol policy change
- Methodological model of the International Tobacco Control study
  - Quasi experimental design, cross country comparison, longitudinal survey





### IAC Methodology

- Alcohol Environment Protocol
  - Review of regulation/legislation
  - Administrative and commercial data on implementation
  - Observation
  - Key informant interviews
- Longitudinal Survey of Drinkers
  - -N = 2000
  - Computer assisted interviewing
  - Measures: outcome and mediating variables

#### Cross-country consumption data

- No gold standard consumption measure available for cross-country research
  - Typical methods poor coverage of alcohol available for consumption
  - Beverages, potency and drink/container sizes differ
  - Informal/illicit alcohol

# IAC framework: Within-location beverage specific measure

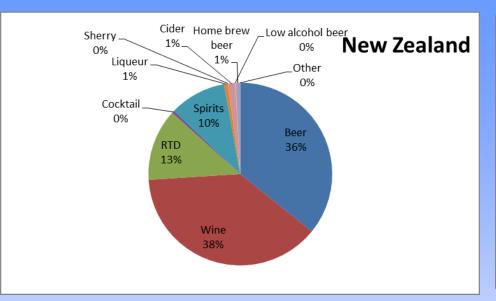
- Ask frequency and typical occasion quantity by location:
  - Locations must be linked to a physical setting, be mutually exclusive, represent full range of drinking locations
  - Reminds respondents of drinking occasions, yields higher volume estimates
  - Allows variation by location to be reported: heavier occasions
  - Limitations
    - respondent burden (need skilled interviewers),
    - people drinking in more than one location in one session (Qs added)

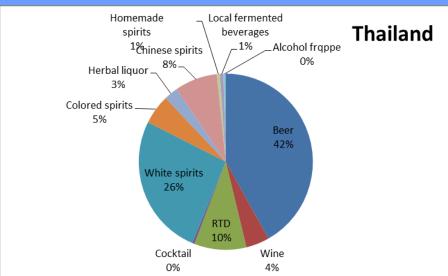
## Coverage

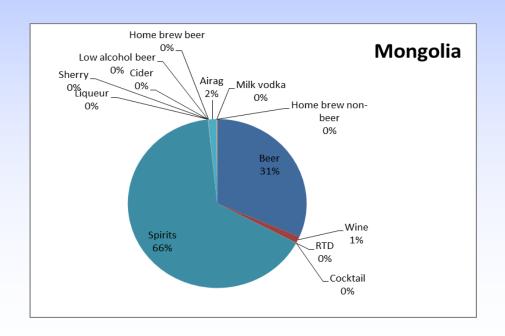
- Previously found to achieve high coverage of alcohol available for consumption
  - Most recently 90% in New Zealand
  - In UK IAC framework elicited 33% higher typical quantities

# Deriving comparable summary variables

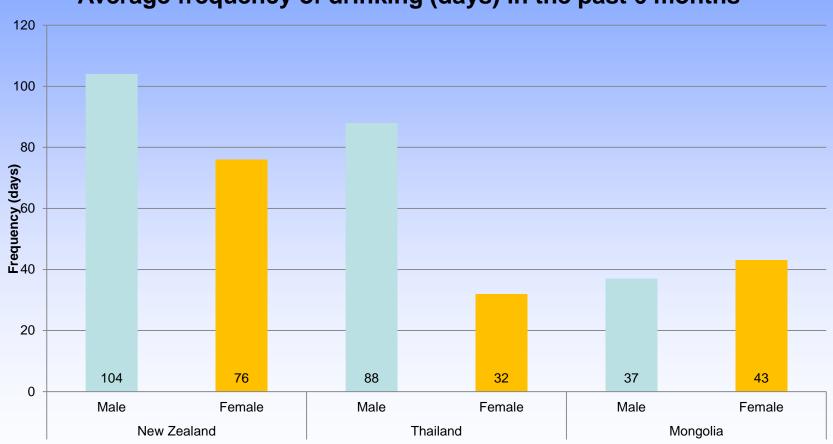
- Each country's location and beverage specific data is transformed, using standardised procedures, to summary variables that are comparable across countries
  - Frequency of drinking is the sum of all drinking occasions at all locations
  - Typical occasion quantity is the weighted average across all locations (locations that are drunk at less frequently have less weight)
  - Volume is frequency x typical occasion quantity within each location and then summed across.



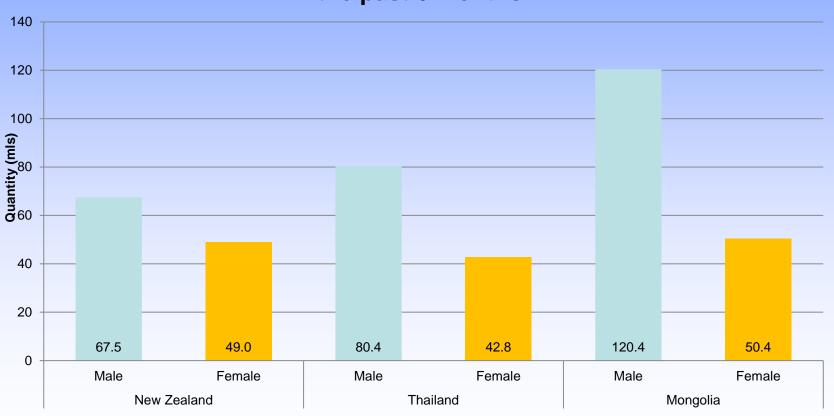




#### Average frequency of drinking (days) in the past 6 months



### Average typical occasion quantity (absoulte alcohol in mls) in the past 6 months



#### Conclusion

- International Alcohol Control Study providing comparable data on alcohol consumption (and policy settings)
- Consumption framework can be adapted to different alcohol cultures/markets
- Provides comparable summary measures
- Value in context of quasi experimental design but also useful in national level analysis



