



# Drink driving in Hong Kong: The competing effects of random breath testing and alcohol tax reductions

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# Road Traffic Accidents around the World



Data from <u>Death and DALY estimates for 2004 by cause for WHO Member States (Persons, all ages)</u> (2009-11-12)



#### Study background

- Governments around the world have attempted to reduce alcohol-related traffic accidents by lowering legal blood alcohol content (BAC) of drivers.
- Increased penalties and license revocation are being implemented across the world.
- Other measures include Random Breath Testing of drivers on roadways which has been controversial.
- The harms reduction measures have been done in a climate of greater alcohol control and greater alcohol restriction.







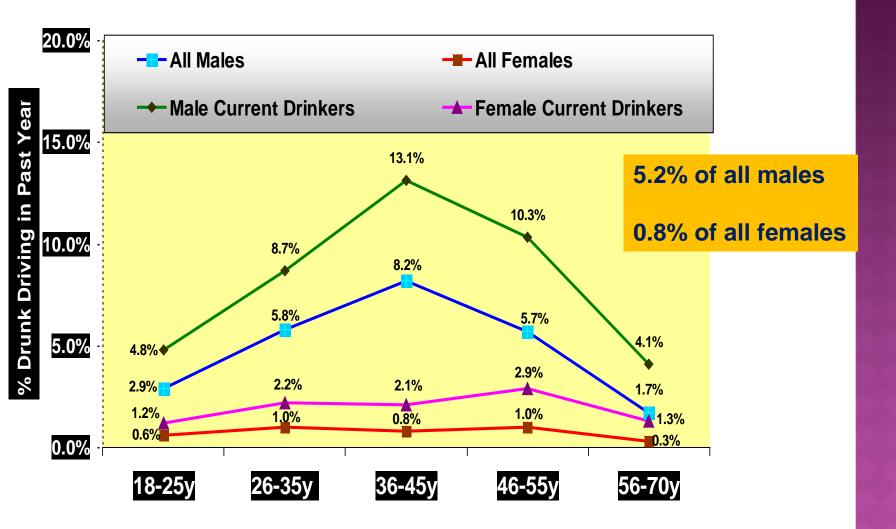
#### Hong Kong Drinking Environment.

- Historically permissive legal environment for alcohol.
- Legal drinking age: 18 yrs
- Alcohol is easily purchased in stores without an ID.
- Driving age: 18 yrs
- Drunk driving per se laws only since 1995
- Legal BAC: 50mg/100ml blood





#### **Age-specific Drinking & Driving Rates by Gender**





#### Hong Kong since 2006



Global Financial Crisis of 2007-2012

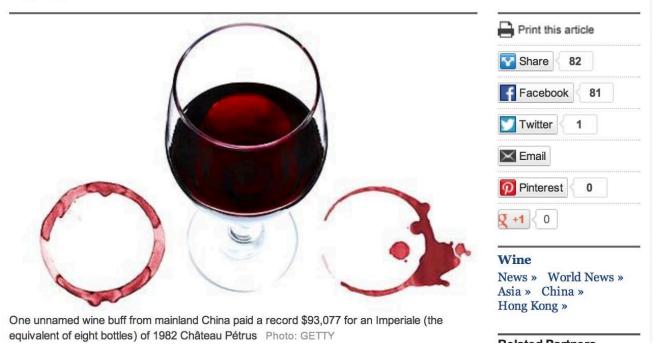




# Recent Changes to the Drinking Landscape of Hong Kong since 2006 baseline study

#### Hong Kong becomes world's largest wine market

Hong Kong has overtaken New York and London as the world's most important wine market.

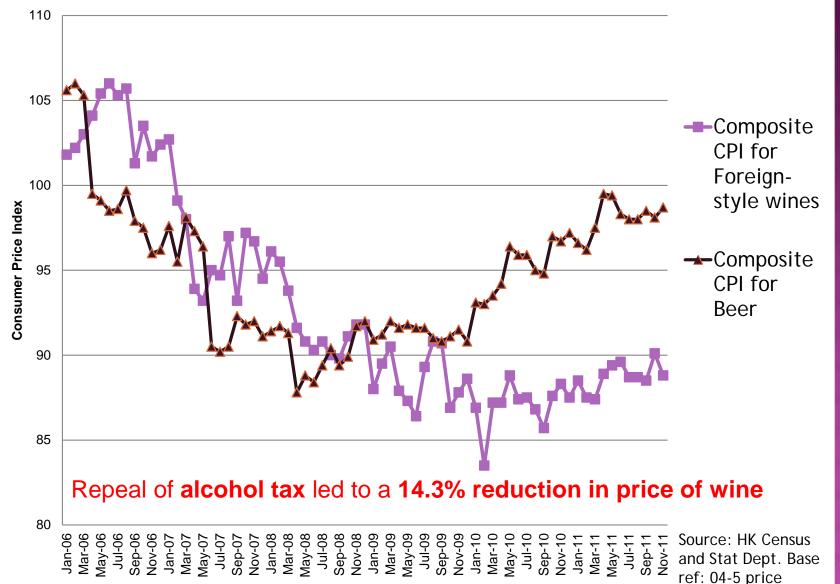


- 2008: Repeal of import tariffs or duties on alcohol beverages
- Wine duties were slashed from 80% to 0%
- Hong Kong also embarked on a plan to create the "Wine Capital of Asia"





Figure 1: Composite Consumer Price Indices for different types of alcohol, 2006 to 2011





#### Changing culture in drinking



"Sales driven by a younger crowd... Positive growth for alcohol drinks forecast"

(Euromonitor International, 2011)





### Changes to local supply of alcohol



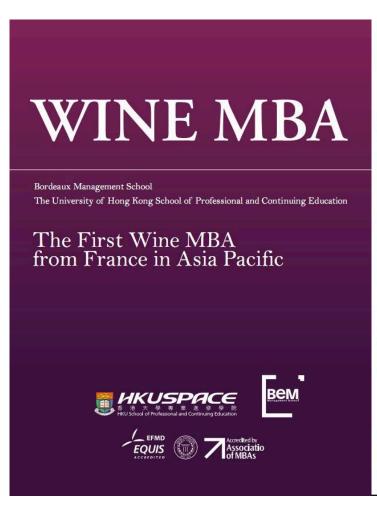




Hong Kong became the 3<sup>rd</sup> largest luxury wine auction market in the world



### Fostering the wine education





in collaboration with

Professional Diploma in

Wine Assessment and Services (2) Children





(with Intermediate Award)





# Changes in Alcohol Consumption before and after government alcohol promotion initiatives

#### Between 2006 and 2011/12:

Ever drinker: Increased from 66.6% to 84.8%\*

Past-year Drinker: Increased from 47.3% to 59%\*

Binge Drinker, Alcohol Abuse and Alcohol Dependence remained statistically similar to 2006 levels.



<sup>\*:</sup> p-value <0.05 after adjusting for gender, age, and socioeconomic differences

#### Anti-Drink Driving Policies since Baseline

- Sept 2008: 5 ug leeway for BAC abolished
- Dec 2008: HK Police begin an anti-drink driving awareness campaign
- Feb 2009: Random Breath Testing begins at non-fixed roadway checkpoints
- Dec 2010: Road Traffic Ordinance Amendments implements a 3-tiered penalty system for drink driving violations





#### HK Road Traffic Ordinance of 2010

- Hong Kong has recently passed much more stringent penalties for drink driving
- A three-tiered penalty system whereby higher BAC levels incur heavier penalties.
- The minimum driving disqualification period for first time offenders was increased from 3 months to 6 months for offenders with BAC 0.05-0.08%.
- Minimum disqualification increasing to 2 years for 1<sup>st</sup> time offenders with BAC>0.15%.
- Offenders also face stiff fines up to \$25,000 HKD (\$3200 USD)
- Repeat offenders can receive up to 3 years imprisonment.





### RESEARCH QUESTION:

Have government anti-drink driving measures been able to reduce drink driving in a climate of greater alcohol consumption and heavy alcohol promotion?

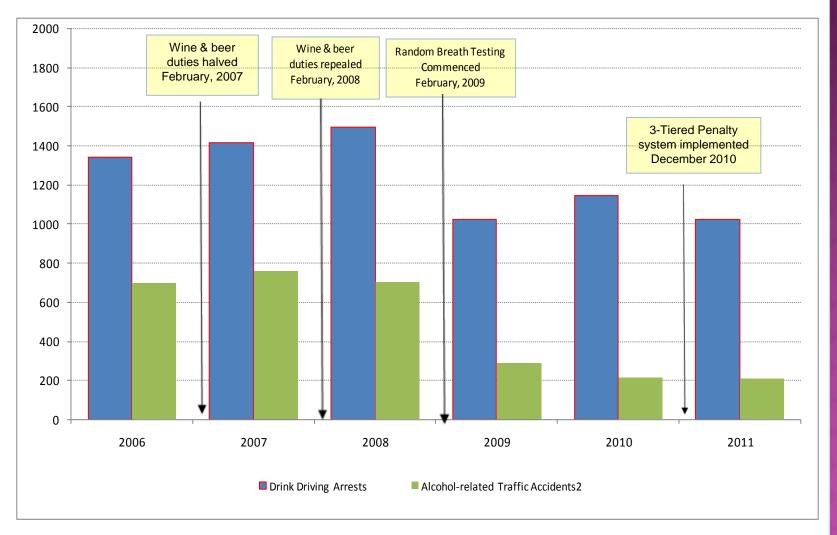


### Methodology

- In 2006 and 2011, anonymous telephone surveys were conducted (n=9680 & n=4800, respectively) on ethnic Chinese residents of Hong Kong (18-70 yrs of age). Response rate >62% for both surveys.
- Collected variables:
  - Drink driving frequency in the past year (driving within 2 hrs of consuming a serving of alcohol)
  - Socio-demographic factors
  - Information about patterns of drinking (frequency, amount, history), binge drinking information (5+ drinks per sitting).
  - DSM-IV based battery of questions of Alcohol Abuse & Dependence.
- In 2011, we also obtained traffic accident statistics from the Hong Kong Police Department from years 2006 until 2011.



# Changes in Drink Driving Arrests & Alcohol-related Accidents





# What type of drinkers are showing reductions in Drink Driving?

	2006 levels	2011 levels	Absolute Change
Male past-yr drinkers	9.0%	4.4%	-4.6% (p<0.001)
Male weekly drinkers	13.7%	8.5%	-5.2% (p<0.01)
Male binge drinkers	14.8%	12.5%	-2.3% (NS)
Female past-yr drinkers	2.1%	1.6%	-0.5% (NS)
Female weekly drinkers	6.4%	4.7%	-1.7% (NS)
Female binge drinkers	6.9%	7.9%	+1.0% (NS)



## Deterrents to drink driving

	% among all past- year drivers
Avoiding criminal record/jail	96.5%
More severe criminal penalties	96.0%
Worry about being pulled for breath test	93.8%
Fear of getting license revoked	93.6%
Heavier fines	70.0%
Wish to avoid fines	63.3%
Insurance premiums increase	60.4%
Financial costs of accidents (repairs, legal fees)	60.2%
Concern about injury to myself or family	72.7%
Family and friends have warned me to avoid DD	71.6%
Posters, broadcasts and other reminders	55.3%



### Some concluding thoughts:

- The current law enforcement policy appears to be successful in reducing the harms of drinking among non-binge drinking male drivers.
- However, the current policies have not reduce drink driving among female drivers and among binge drinkers.
- Binge drinkers may represent "hard core" drink drivers who may need further actions
- Despite environmental and cultural differences, the primary deterrents to drink driving are similar to those reported in other parts of the world with legal consequences being the most cited deterrents.
- Findings in this study may be applicable regionally in urban centers with high reliance on public transportation



### THE END





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MULTIVARIATE ODDS RATIOS OF DRUNK DRIVING BY GENDER in 2006 Baselie				
FACTORS	MALES	FEMALES		
	(n=4941)	(n=4928)		
	Odds Ratio	Odds Ratio		
Age 35-44yrs	NS	6.13*		
45-55 yrs	NS	9.66**		
Form 6-7 Education/Diploma	NS	4.38*		
University Degree	2.22*	NS		
Married	1.54*	NS		
Professional Employment	2.38*	NS		
Weekly Drinker	2.30***	3.00*		
Binge Drinker	1.93**	5.89**		
Alcohol Abuser	8.78***	11.6***		
Alcohol Dependent	NS	NS		
*p<0.05 ** p<0.01 *** p<0.001 NS: Not significant.				



# 20% of drinkers stated that their Alcohol consumption habit changed in past 3 years.

Top 5 answers given for how:

Spend more on alcohol

Drink more often

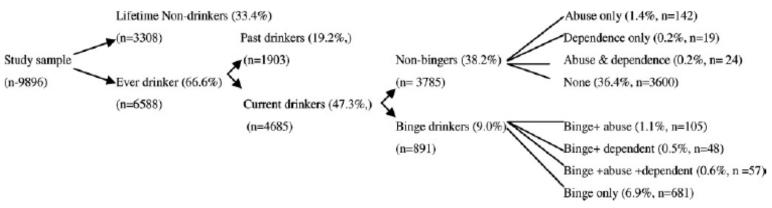
Drink more outside of home with friends and family

Drink with meal more often

Drink with coworker more often



# Profile of Alcohol Consumption among Hong Kong Chinese in 2006





Kim et al., 2008





#### **New Alcohol Intervention**

Hong Kong has recently embarked on a precautionary approach.

Department of Health instigated an Action Plan to combat Alcohol harms through public health campaigns to educate the public & involve medical establishment.

