



Outlet Surrounding Youth or

Youth Surrounding Outlets

: A Case Study of Thai University Effort

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Background

- Increasing of drinking prevalence among Thai young people
- High density of alcohol outlet surrounding educational institutes, average 57 outlets/Km², with marketing targeting students
- Easy access to alcohol, spent on average 7.5 minutes to get alcohol



- "Draft regulation on ban of alcohol sales within 500 metres of Educational Institutes"
- The Pilot Project on Containing Alcohol Outlets around Educational Institutes (Al Out program) in 15 universities

The Pilot Project on Containing Alcohol Outlets around Educational Institutes (Al Out program)

- Set up in 2011, by collaboration between Friends of Youth Foundation & Office of the Higher Education Commission, Ministry of Education
- 15 universities: [Thammasart U, Srinakharinwirot U, Mahasarakam U, Khon Kaen U, Burapha U, Naresuan U, Walailuck U, Mae-Jo U, Rangsit U, Surathani Rajabhat U, BansomDej Chaopraya Rajabhat U,

Chandrakasem Rajabhat U, Ubonrachathani U, Thuyaburi U of Technology & Rajapruek College]



Principle:

 Social campaign and collaboration between university, community, police and related local government offices to promote law enforcement, compliance and surveillance system to address student drinking problem

Al Out program

Aim: No more new alcohol outlets in 500 metres radius of university and the existing ones must comply with the law (Alcohol Control Act 2008 & the Liquor Act 1950)

Policy contents:

- not sell/service alcohol to people aged under 20 years old
- Selling hour restriction during 16.00 22.00 hrs for off-premise outlets
- not sell/service alcohol to people wearing student uniform
- get a sale license from local excise department with approval from university & community (all existing outlets must be legally licensed, no new outlets are allowed in the radius)
- cooperate with university policy such as do not sell/service in certain occasions (i.e. freshmen orientation, examination)

Policy implementation:

Collaboration between university, police, related government officer and community to enforce strictly alcohol regulations and set surveillance system











Objectives of this study

- 1. To chart and explore physical availability of alcohol surrounding university
 - in implemented and non-implemented site of Al Out program
 - for examining the impacts of Al Out program
- 2. To explore student's drinking practices and access to alcohol in
 - in implemented site of Al Out program
 - for predicting effectiveness of Al Out program



Methodology

- I. Alcohol outlet survey (for objective 1)
- 2 Study sites:
 - (1) Chadrakasem Rajabhat University (CRU) as intervention site
 - (2) University of Thai Chamber of Commerce (UTCC) as comparison site
- Using Geographic Positioning System (GPS) handheld and ArcGIS
 9.3 program: outlet location, distribution, density and pictures
- Using outlets survey form: name, 12 type of outlets, 8 types of alcoholic beverage sales, service hours
- Comparison number & distribution of outlets in 2007 (baseline data before implementation) VS 2012
- **II. Student survey** (for objective 2)
- 608 CRU students, (Note: UTCC refused to participate)
- Simple random sampling with probability proportional to the size of each level and faculty (representing all CRU students)
- Self-administered questionnaire
- Student 's drinking practices & access to alcohol outlets

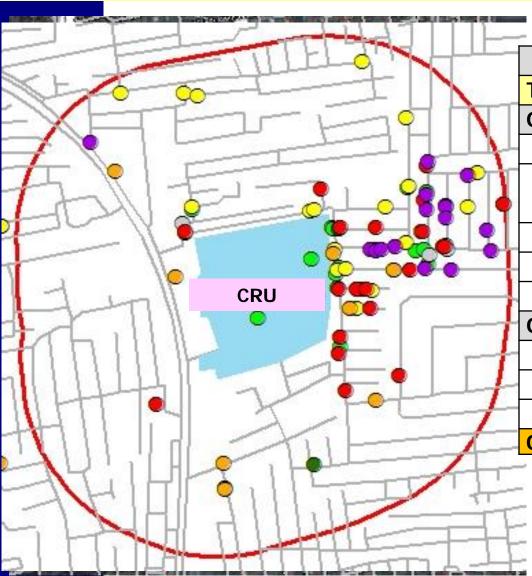
2 study sites of alcohol outlet survey 500 M Radius



| Data | Chadrakasem Rajabhat Univesity [CRU] | University of Thai Chamber of Commerce [UTCC] |
|--|--|---|
| Implementation of Al Out program | Intervention | Comparison |
| Location/ district | Rachadapisek Rd, Jachuchak district, BKK | Vibhavadi Rd, Din-deang district, BKK |
| Investigated area (km²) (500 M surrounding university) | 1.89 | 1.26 |
| University area (km²) | 0.20 | 0.05 |
| Buffer zone (km²) | 1.68 | 1.26 |
| Baseline data (2007) | ✓ | ✓ |
| Number of faculties | 5 | 8 |
| Number of students (2011) | 17,498 | 17,671 |

Result I:

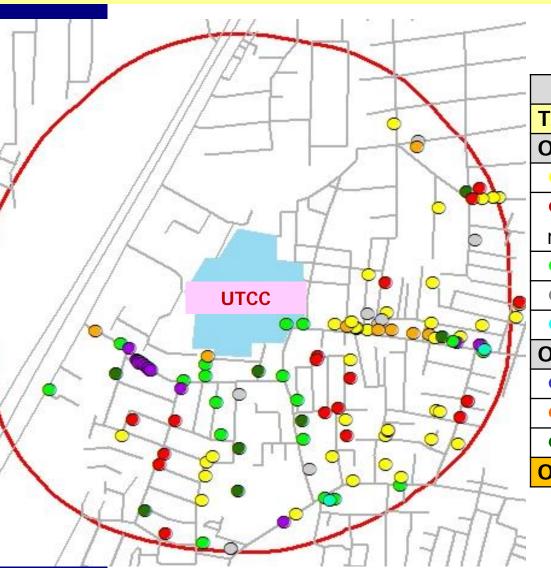
90 alcohol outlets surrounding CRU 500 M Radius



| | CRU | % |
|--|-----|--------|
| Total outlets in 2012 | 90 | |
| Off-premise | 65 | 72.2 |
| grocery stores | 22 | 23.3 |
| stores in dormitory, | 22 |) JE 4 |
| mansion, or apartment | 23 | 25.6 |
| convenience stores | 17 | 18.9 |
| permanent stalls | 4 | 4.4 |
| wholesales shops | - | - |
| On-premise outlets | 25 | 27.8 |
| Pubs, bars, nightclubs | 15 | 16.7 |
| restaurants | 8 | 8.9 |
| • food shops | 2 | 2.2 |
| Outlet density (per Km ²) | | 53.5 |

Result I:

115 alcohol outlets surrounding UTCC 500 M Radius



| | UTCC | % |
|--|------|------|
| Total outlets in 2012 | 115 | |
| Off-premise | 84 | 73.0 |
| grocery stores | 39 | 33.9 |
| stores in dormitory, | 16 | 13.9 |
| mansion, or apartment | | |
| convenience stores | 19 | 16.5 |
| permanent stalls | 8 | 7.0 |
| wholesales shops | 2 | 1.7 |
| On-premise outlets | 31 | 27.0 |
| Pubs, bars, nightclubs | 15 | 13.0 |
| restaurants | 8 | 7.0 |
| food shops | 8 | 7.0 |
| Outlet density (per Km ²) | 90.7 | |

Grocery stores







Stores in dormitory, mansion, or apartment



Convenience stores







Permanent stalls





Pubs, bars, nightclubs



Food shops









Changes of alcohol outlets surrounding CRU and UTCC in 2007* VS 2012

| | CRU | | | UTCC | | | | |
|---|-------------------|------|------|-----------------|------|------|------|--------|
| | Intervention site | | | Comparison site | | | | |
| Type of alcohol outlets | 2007 | 2012 | diff | change | 2007 | 2012 | diff | change |
| Off-premise outlets | 91 | 65 | -26 | -29% | 71 | 84 | 13 | +18% |
| Grocery stores | 26 | 21 | -5 | -19% | 34 | 39 | +5 | +15% |
| Stores in dormitory, mansion, or apartment | 41 | 23 | -18 | -44% | 19 | 16 | -3 | -16% |
| Convenience stores | 12 | 17 | +5 | +42% | 13 | 19 | +6 | +46% |
| Permanent stalls | 12 | 4 | -8 | -67% | 5 | 8 | +3 | +60% |
| wholesales shops | 0 | 0 | 0 | -27% | 0 | 2 | +2 | ++% |
| On-premise outlets | 33 | 25 | -8 | -24% | 71 | 84 | 13 | +35% |
| Pubs, bars, nightclubs | 13 | 15 | +2 | +15% | 16 | 15 | -1 | -6% |
| Restaurants | 11 | 8 | -3 | -27% | 3 | 8 | +5 | +167% |
| Food shops | 9 | 2 | -7 | -78% | 4 | 8 | +4 | +100% |
| Total | 124 | 90 | -34 | -27% | 94 | 115 | +21 | +22% |

Result II: CRU Student survey (n=608)

- 47.9% Male , 52.1% Female
- Average age is 20 years old (SD 1.54)
- 59.1% living in dormitory, 25.8% parent's home
- Distance from accommodation to university:
 21.2% are less than 500 metres
- Traveling time from accommodation to university: 39.1% less than 15 mins
- 46.6% by walk, 31.6% by bus

CRU student drinking practices (n=187)

30.8 % (187) are current drinkers (drinking in last 12 months)

Among current drinkers;

- 48.1% are regular drinkers (drink at least once a week)
- 81.3% are binge drinkers (drink > 50 g per occasion)
- 40.1% are regular binge drinkers (drink > 50 g per occasion at least once a week)

Access to alcohol outlets

Off premise outlets

- 55.6% convenience store
- 29.4% grocery store
- 27.8% store in dormitory, mansion, apartment

On premise outlets

- 50.3% pub, bars, nightclubs
- 17.7% restaurant
- 16.6% food shops

Access to alcohol outlets by type (N=187)

| % of current drinkers | Stores in dormitory | Convenience store | Grocery store | Pub, bar & nightclub | | | |
|--------------------------------------|-----------------------|-------------------|---------------|----------------------|--|--|--|
| Respondents going to | 27.8 | 55.8 | 29.4 | 50.8 | | | |
| Drinking/buying at least once a week | 11.8 | 28.9 | 15.0 | 16.6 | | | |
| Alcoholic beverage | | | | | | | |
| Beer | 16.0 | 19.8 | 16.6 | 11.8 | | | |
| Spirit | 1.1 | 9.6 | 0.5 | - | | | |
| Whiskey | 5.4 | 14.4 | 7.0 | 30.5 | | | |
| Spy | 1.1 | 5.4 | 2.7 | 3.2 | | | |
| Travel to this outlet | Travel to this outlet | | | | | | |
| By walk | 16.6 | 70.5 | 72.6 | 8.6 | | | |
| By bus | 3.2 | 6.7 | 3.9 | 3.7 | | | |
| By taxi | 4.3 | 7.6 | 7.8 | 21.9 | | | |
| By bicycle | 1.1 | 11.9 | 5.9 | - | | | |
| By motorbike/taxi motorbike | 2.1 | 11.4 | 9.8 | 7.0 | | | |
| By car | - | 1.0 | - | 7.0 | | | |
| Always depart from accommodation | 24.6 | 51.9 | 24.1 | 46.0 | | | |
| Time spent (Minutes) to | | | | | | | |
| <=10 min | 18.7 | 33.7 | 19.3 | 11.8 | | | |
| >10- 15 mins | 0.5 | 1.1 | 1.1 | 11.2 | | | |
| >15 – 30 mins | 3.7 | 15.0 | 3.7 | 10.2 | | | |
| >30 mins – 1hour | 1.1 | 2.7 | 1.1 | 11.2 | | | |
| > 1 hours | 2.2 | 1.1 | 1.0 | 3.8 | | | |
| Distance (Metres) to | | | | | | | |
| <=100 | 7.0 | 12.3 | 8.0 | 3.7 | | | |
| >100 - 500 m | 15.5 | 33.7 | 13.4 | 5.9 | | | |
| >500 m to 1 km | 1.1 | 3.2 | 2.7 | 5.4 | | | |
| >1 km to 10 km | 3.2 | 3.7 | 1.6 | 23.5 | | | |
| >10 km | 0.5 | 2.1 | 0.5 | 7.5 | | | |

Conclusions

- Half of student current drinkers (40%) were regular binge drinkers (those who drink, they drink a lot)
- University students can access easily and conveniently to alcohol
 - High alcohol outlets density in area of 500 m surrounding university (50, 90 outlets per square Km)
 - Most of frequent outlets located near students' accommodation (which are near university), less than 500 metres
 - Most of student drinkers spent less than 10 mins to get alcohol
- Al Out program implement in 2011 can effect numbers of alcohol outlets, particularly permanent stores & store in dormitory.
- Many alcohol outlets were found to act <u>against the laws</u> (such as selling alcohol in dormitories or drug store, no alcohol sale license, unlicensed nightclubs) as well as their <u>promotion to customers</u>
- Convenience stores tend to be significant alcohol outlets in the future due to their expansion, whereas nightclubs is popular onpremise where youth are tempted to get there.

Recommendations

- Outlets surrounding educational institutes seem problems and acting against the Laws and regulation.
- Strict enforcement of existing alcohol regulations on alcohol outlets is needed for addressing youth's drinking problem
- Containing numbers of new outlets through limited license and closure of non-licensed and law violating outlets are two major policy choices: <u>Zoning policy</u> and <u>licensing system</u>
- Policy feasibility study and study for developing better policy to control physical availability in Thai context should be further examined.
- Community coalition for monitoring and surveillance system can boost the effectiveness.

Thank You

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