## WHO/THAIHEALTH "THE HARMS TO OTHERS FROM DRINKING" PROJECT

# HARMS FROM FAMILY MEMBERS' DRINKING IN VIETNAM

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#### BACKGROUND

- Harm to others from drinking is an underexplored field of study in many countries, including Vietnam.
- Within the 2012-2013 WHO and Thai Health Promotion Foundation "The Harm to Others from drinking" project, looking at harm to respondents and their children from drinking of household and family members, friends, coworkers and strangers in 6 low and middle income countries.
- Vietnam among 53 countries developing a national policy/law on alcohol related harms reduction=> provide some evidences about the magnitude of harms, especially social harms, to inform the policy making and advocacy
- This presentation focuses on harm to respondents from their family member's drinking

## METHODS

- A retrospective cross-sectional study at 6 provinces in 6 socio-economic regions of Vietnam
- A multi stage stratified area probability household sampling
- 1501 completed face to face interviews with a family member aged 18<sup>+</sup> and over of 1501 households
- A structured questionnaire on the adverse effects of others' drinking, including questions on frequency of occurrence and costs to the respondents in money and time on a basis of 12 months

## CHARACTERISTICS OF RESPONDENTS

Cha	racteristics	Male (N=753)	Female (N=748)	Total (N=1501)
Sex		50.2	49.8	100
Age (mean)		42.2	42.8	42.5
1	18-29	16.7	13.7	15.2
2	30-59	74	78.7	76.4
3	60+	9.1	7.5	8.3
Education				
1	Secondary school and lower	66	63.6	65,2
2	Completed high school	20.5	18.3	19.5
3	College /university+	15.6	14.8	15.3
Occupation				
1	Self-employed	49	46	47.5
2	Working for paying	38.5	25	31.8
3	Others	12.5	28.9	20.7
Marri	Marriage: Married/living with partner		83.6	85.5
Rural/urban Rural		68.7	64.1	66.5

#### **FINDINGS**

#### Harms from family members' drinking on adults

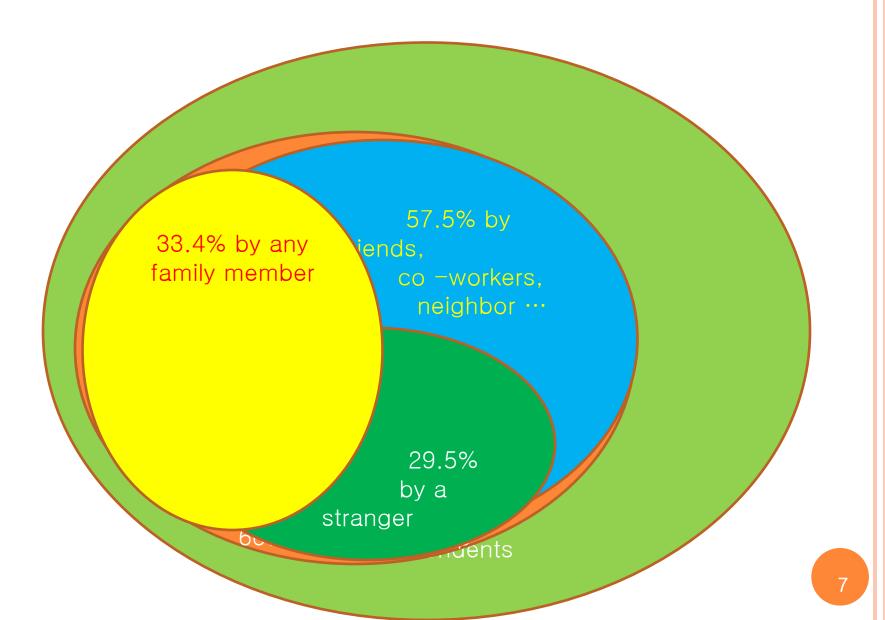
- Proportions negatively affected by family members' drinking in general and the most
- Proportions experienced with some specific harms from family members' drinking
- Degree to which the respondents have been negatively affected from the drinking of family members

## Harms to children as reported by respondents with parental responsibility

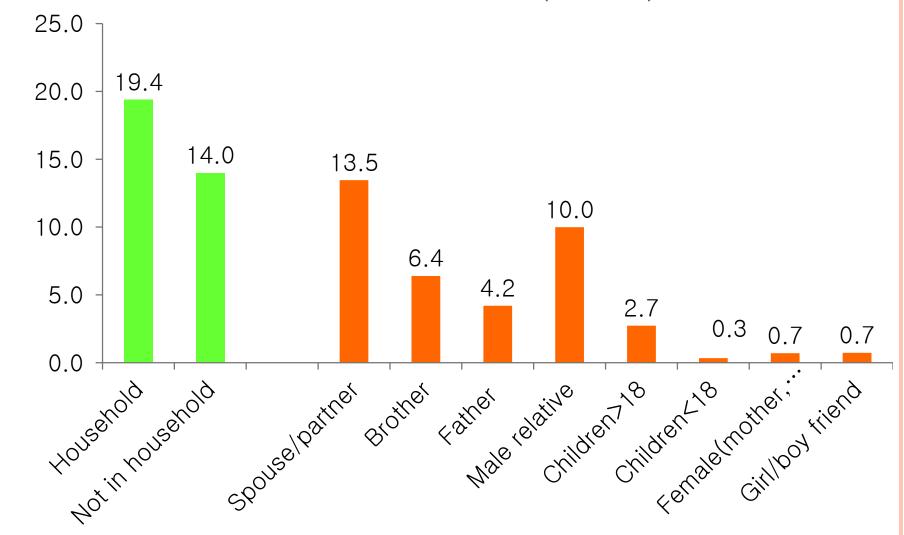
- Proportions of children experienced with harms from other drinking
- Six specific harms experienced by children and who cause that harms
- Degree to which the children have been negatively affected in



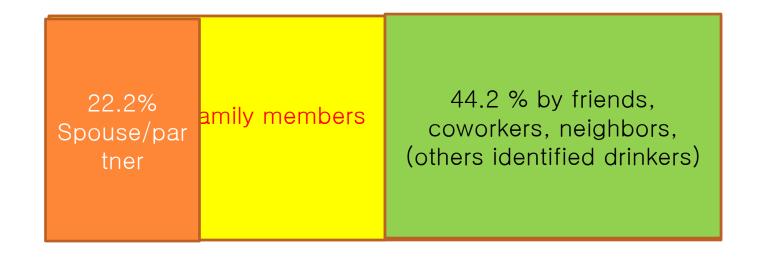
# Proportions of adults negatively affected by an identified drinkers



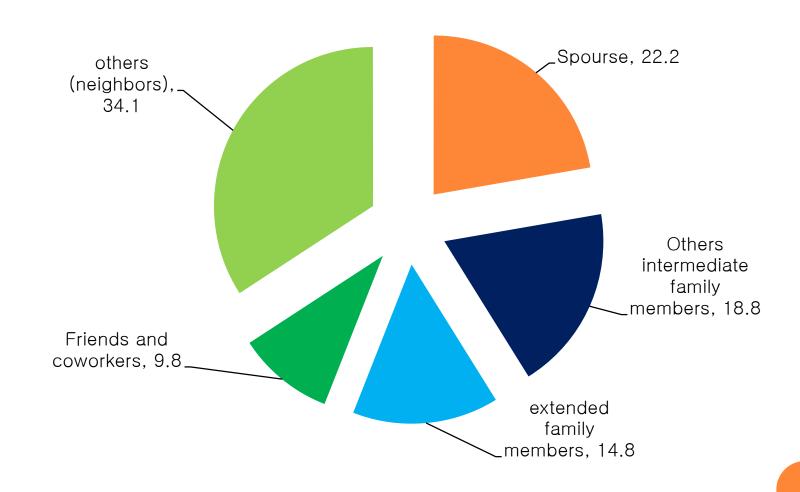
## % of family drinker negatively affected the respondent by typeS of family relationship (N=1501)



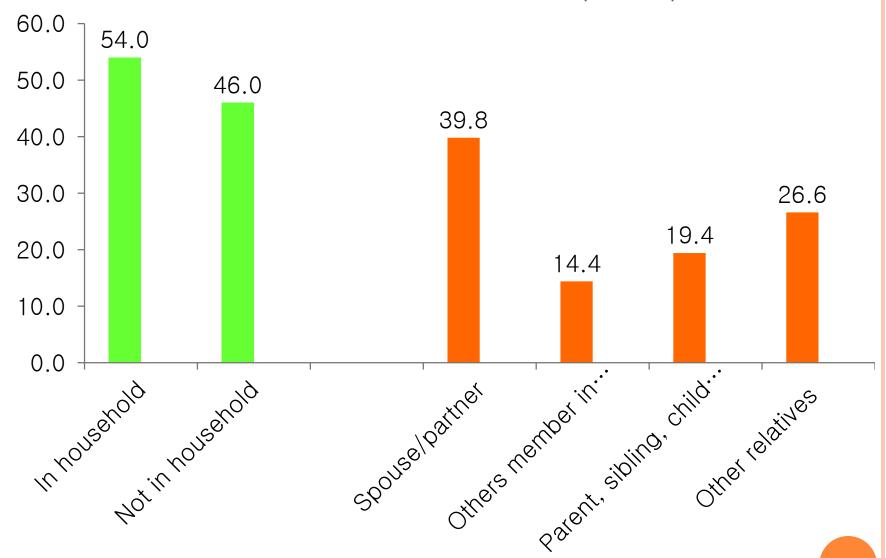
% identified heavy drinkers whose drinking negatively affected the respondent the most by types of relationship (N=857)



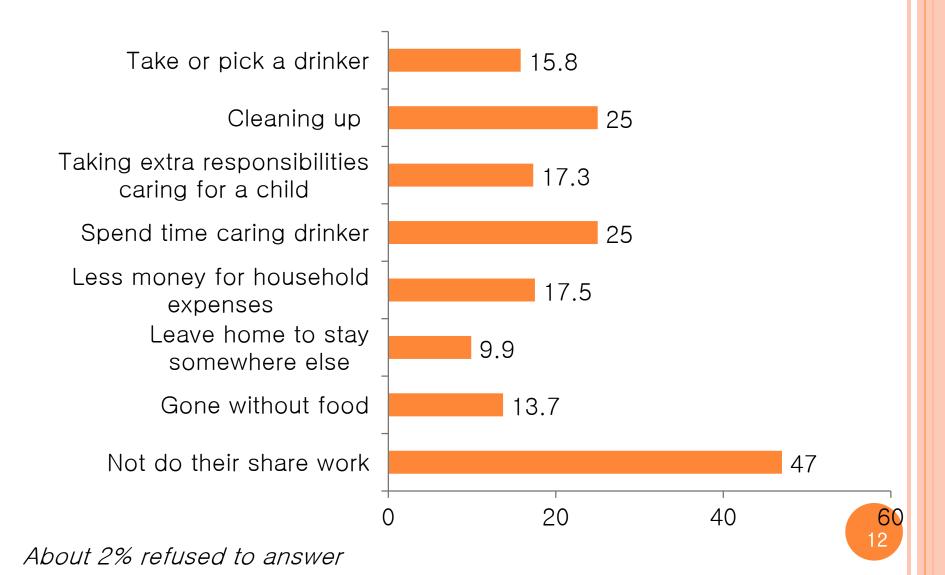
# % identified heavy drinkers whose drinking negatively affected the respondent the most by types of relationship (N=857)



% of family drinker negatively affected the respondent the most by type of family relationship (N=477)



# % SPECIFIC HARMS EXPERIENCED ONE OR MORE TIMES BY RESPONDENT WHO REPORTED THE HEAVY DRINKER AFFECTING HIM/HER THE MOST WAS A FAMILY MEMBER (N=474)



## Degree of highly\* negative effect by an identidied drinker whose drinking effected the most (%)

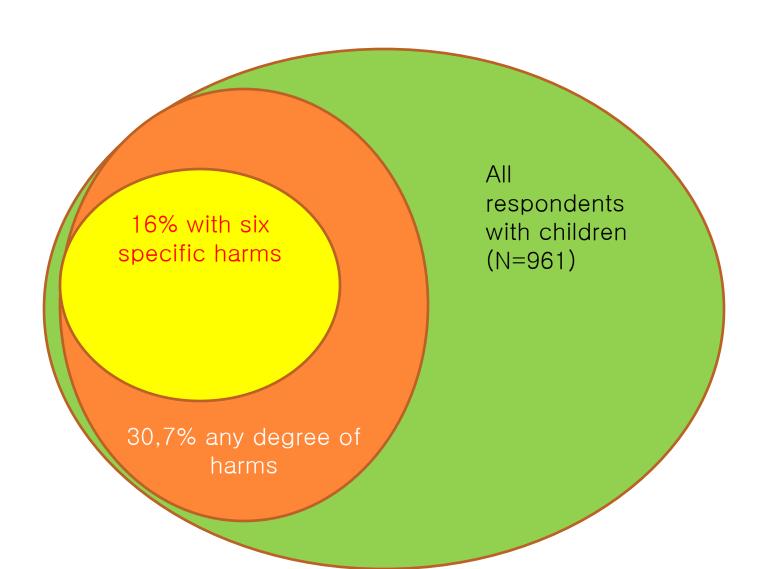
	Total N=859
A family member	46.8
Non-family member	23.6

## 2.5 times

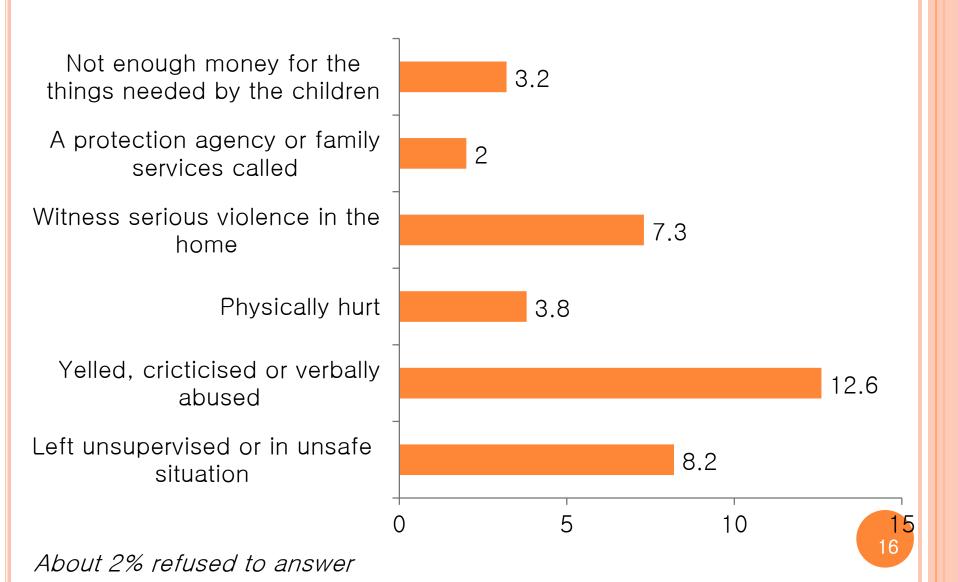
# PREDICTORS OF HIGH DEGREE OF ADVERSE EFFECT

- Demographic characteristics: No
- Respondents' alcohol heavy drinking: No
- Family relationship: close family member
- Income

# % of children experienced with harms from other drinking as reported by respondents



# % 6 SPECIFIC HARMS EXPERIENCED ONE OR MORE TIMES BY CHILDREN AS REPORTED BY RESPONDENT (N=961)



# CHILDREN SUFFERING HARMS FROM OTHER DRINKING BY TYPE OF RELATIONSHIPS

	Total (N= 129)	
Parent	6.9 (66)	
Siblings	- (4)	
Other relatives	2.5 (24)	
Friends of households	1 (10)	
Others (neighbor)	1.1 (11)	

# Number of Children Suffering Harms from Other Drinking

Number of childen	Total (N= 127)
1	62
2	45
3	10
4	2
5	2
Total	127

## DEGREE OF ADVERSE EFFECT ON CHILDREN AS REPORTED BY RESPONDENTS

	Low (1-5)	High (6-10)	Total (n=293)
%	57.7%	42.3%	100 %

### POLICY IMPLICATIONS

drinking

Vietnam- high rate of lifetime abstainers/12 months abstainer AND low level of adult per capital consumption

#### BUT

- A very large proportion of Vietnamese adults having experienced some adverse effects from others drinking
- High proportion of children's experienced adverse effect from family members' drinking
- A higher degree of harm by those experienced the adverse effects from family member compared to from other relationship; and from female among this group
- Harms to both men and women from family member 20